



HAMBLETON

VILLAGE NEWS

MAY 2020

ISSUE 358

Message from the Chairman of the Parish Council

These are truly unprecedented times and I can honestly say that it is fantastic to see the great level of community spirit around our village. Thursday at 8pm is now the noisiest time in the village as we all make our appreciation for the NHS and key workers known with clapping, cheering and even pan-bashing! Not only are our residents helping their nearest and dearest, but also neighbours who require assistance. A very special thank you must go to the founders of the Hambleton Isolation Help Group (H.i.H.G.), who have been fundamental in organising and mobilising the large numbers of volunteers in the village.

It has been great to see so many villagers enjoying the countryside that we are so lucky to have access to. I would like to assure everyone that the Parish Council is keeping up to date with all of the latest guidance on access to our public spaces. At present, our cemetery remains open for those tending graves and the football pitches, outdoor gym equipment and playground remain closed in line with government guidance. I would like to remind all residents that dogs are not allowed, at any time, on the recreation ground. As soon as government restrictions are lifted, the play areas will be open.

The Parish Council is still able to function with legislation in place that allows urgent matters to be dealt with directly between myself, the vice chairman and the Parish Clerk. The government has also made changes to how meetings can be held that will allow Councillors to attend meetings via teleconferencing software. Hambleton Parish Council will be using Zoom to allow us to carry out this business and members of the public will continue to be invited to our meetings, although you will be able to stay in the comfort of your own homes to join us. Details of the next meeting will be published once they have been arranged.

I have no doubts that we as a village will come through this stronger together.

Stay at home, protect the NHS and save lives.



Hambleton Isolation Help Group

Do you need help with collecting shopping or medication?

The Hambleton Isolation Help Group is here to help the young and not so young alike. You can contact us by phone, on one of these numbers:

- ◆ Emma – 07947462121
- ◆ Katie – 07759520227
- ◆ Celia – 01757 228649
- ◆ Jess – 07769266618

OR complete the **H.i.H.G. Request Form** overleaf and ring one of the numbers to arrange for your request to be collected or email the details to hihg2020@btinternet.com

How will the service work if I ring a co-ordinator?

- ◆ Once you request help H.i.H.G. will identify a volunteer
- ◆ You will receive a phone call to give you the name of the volunteer who will contact you

For shopping:

- ◆ If it is not click and collect - Agree a maximum spend with the volunteer and Pay for your shopping with cash when the volunteer returns with your shopping and a receipt

What if I am unsure the volunteer is authorised by H.i.H.G.?

If you are concerned that someone calling has not come from H.i.H.G. please ring the person you initially contacted or any of the co-ordinators for confirmation. *Your details will only be shared with the nominated volunteer who will be helping you. Your details will not be shared openly on the internet.*

Stay safe and do not hesitate to contact H.i.H.G. if you need any help

H.i.H.G. Help Request Form	
Name	
Address	
Contact details	
Help required	
Confirm you agree to your details being shared with a volunteer	H.i.H.G.



Food delivery services:

- ◆ **Hambleton Stores** 01757 229000 have introduced a delivery service, ring them with an order, they will take a card payment over the phone and deliver the goods to your doorstep.
- ◆ **Bert's Barrow** will deliver to vulnerable people in isolation 07818415320
- ◆ **Birchall Foods** Telephone 01282 526610, website www.birchallfoods.co.uk Food can be ordered and paid for over the phone or on-line and Emma at the Red Lion has agreed to be the delivery hub. Volunteers would then need to distribute the orders to the relevant household. (phone orders and planned delivery being researched as a single day a week might be the best way)
- ◆ **Monk Fryston Post Office** 01977 682252 web page www.monkfrystonvillagestores.co.uk
- ◆ **Morrisons, Sainsbury, Asda, Waitrose and Tesco** all offer online home delivery but slots can be very difficult to obtain at present.

If you are concerned that someone is 'at risk' you can get help:

- ◆ If they are in immediate danger ring 999
- ◆ If the person is not thought to be in immediate danger ring North Yorkshire Social Services customer service centre on 01609 780780, this includes outside office hours
- ◆ If you have concerns that a child might be experiencing some form of abuse in these difficult times advice can be sought from the NSPCC on 0808 800 5000 or help@nspcc.org.uk
- ◆ If you are concerned that someone might have been the victim of a scam the number they can ring is 08081 689111.

Some websites which might be useful:

- For help setting up video calling on WhatsApp:
<https://www.ageuk.org.uk/information-advice/work-learning/technology-internet/video-calling/>
- For practical support and information that is useful for people living with or supporting someone with mental illness:
<https://www.rethink.org/advice-and-information/covid-19-support/>
- If you have received a letter and are classed as extremely vulnerable and told to 'Shield' you can register with this site and receive food boxes each week. If you do not have access to the internet someone can register for you but they will need your NHS number.
<https://www.gov.uk/coronavirus-extremely-vulnerable>

Supermarket opening (at time of print) for various sections of the community:

- Sainsbury's Selby
- ◆ Elderly: Monday, Wednesday & Friday 8-9am
 - ◆ NHS and Social Care: 7.30-8am Mon to Sat
- Tesco, Portholme Road, Selby
- ◆ Elderly/Vulnerable: 9-10am Mon, Wed, Fri.
 - ◆ NHS: 9-10am Tues, Thurs, Sun
- Morrisons
- ◆ No dedicated time for elderly
 - ◆ NHS: 6-7am Mon to Sat, 9-9.30am Sun.

Other sources of help:

- Lifeline customers** – if you are a lifeline customer, they will collect shopping and prescriptions at the usual cost
- Selby Community AVS:** 01757 291111 or email enquiries@selbydistrictavs.org.uk
- Selby Hands of Hope:** 01757 705855 or email admin@selbyhandsofhope.org.uk